

Subject Line: How to Work Sick

Hi <first name> ,

There I was again at work. My sniffing, sneezing and coughing was enough to scare away The Walking Dead. Fortunately, I was working alone that night. Because everyone else stayed home, sick.

A lot of good that flu shot did.

I used all the remedies: Dayquil, Alka-Seltzer Plus, green tea, and Theraflu. Once home, I got boozed. What a cocktail. I'm lucky to be alive.

Did I think of home remedies back then? No. It was back to work with hardly any rest each and everyday.

Dying on the Clock

Is this your life? Working hours on end, little sleep, while guzzling liver killing over the counter medication. Did you know slavery was abolished over 150 years ago?

Someone could've told me.

Working yourself into an early grave does not make you employee of the month (not even posthumously). Start taking care of yourself. Find yourself another job if the boss disagrees. I mean, you want to live a long and easy life – right?

[Then Go Here](#)

“What can I do? I've got work.”

Workaholic's Natural Regimen

The following is from WebMD (06-14-17 12 Natural Treatment Tips for Cold and Flu). You won't believe what you've been doing to yourself.

The alternatives to the drug store shelf:

- Bundle up – Your fever is killing viruses and creating germ killing proteins
- Cough – clears breathing of mucus that can carry germs to all your body
- Blow your nose often one nostril at a time and gently
- Salt water rinsing breaks nasal congestion, removes virus agents and bacteria
- Rest helps your immune system focus on the fight to make you better
- Gargle warm salt (1/2 teaspoon) water (8 ounces) to moisten throat
- Drink warm liquids to prevent dehydration, relieve inflamed nose and throat
- Eat right and take the proper supplements

“What's the last one?” It's not Taco Bell and aspirin. Do you need it now?

[Go Here Now](#)

Proper diet, exercise and rest can help with wellness. But to fight an infection you already suffer from you need Vitamin C. Not just any Vitamin C...

The Cure for Workplace Illness

Dr. Holistic's Vitamin C

Many other Vitamin C supplements are processed poorly with non-organic elements. Dr. Holistic's Vitamin C comes from our natural farms. You start out on a safe level so that you can find the right amount you need every day.

Have you been there? Taking higher dosage after higher dosage until you have to pull into a gas station and beg for the restroom key.

You won't ever have to go that far with Dr. Holistic's Vitamin C. You'll feel like outrunning your teenage son. Your wife will wonder what's got into you.

Best of all, when you have to work sick...

Along with the suggestions above, you could weather the storm. In a couple of days, you could look like you never were sick. While your boss is hacking away. He made you work. That's payback.

Interested in a limited time offer?

[Go Here Now](#)

Sick Right Now?

At work slaving away, while no one else cares. You could order a bottle of Vitamin C right now...

At 50% off in the next 72 hours. Supplies are limited. I've already sold half our inventory. Besides, you may be sick for weeks. Buy now or tough it out.

Sincerely,

Sandy Keets, Marketing Director
Dr. Holistic's Supplements

P.S. Do you get paid sick days? If not, you don't have the time or money to lose. Order now and you'll get a 90-day money back guarantee along with a preferred customer status. You'll get discounts on all our products but you must act now on the link below. Want to feel better?

[Go Here Now](#)